

COACHING PSYCHOLOGY in SCHOOLS

Enhancing Performance,
Development and Wellbeing

MARK ADAMS

COACHING PSYCHOLOGY
Series Editor: Stephen Palmer



November 2015: 234x156:
232pp 32 illustrations

Hb: 978-1-138-77601-2 | £95.00
Pb: 978-1-138-77648-7 | £26.99
eBook: 978-1-315-76263-0

TABLE OF CONTENTS:

Foreword by Stephen Palmer.

Preface.

Acknowledgements.

Part One: Foundations.

Introduction.

1. What is coaching?
2. Core coaching skills.
3. Structure in coaching.
4. Psychology in coaching.

Part Two: Applications in education.

5. Non-judgmental observation.
6. Coaching for performance.
7. Coaching for development.
8. Coaching for wellbeing.
9. Coaching for new-to-role practitioners.
10. Problem-solving and solution-finding.
11. Coaching for teams.
12. Developing resilience.

Part Three: Reflections, conclusions, and future directions.

13. Pulling it all together.
 14. Future directions.
- Appendix 1: Making coaching work.
Appendix 2: Ethics in coaching.
References.

20% discount with this flyer!

Coaching Psychology in Schools

Enhancing Performance, Development
and Wellbeing

Mark Adams, Adams Psychology Services, UK

Series: Coaching Psychology

"This innovative book is the first coaching psychology book specifically concentrating on working within schools and will be of interest to professionals who wish to develop their knowledge and skills in order to enhance the performance, development and wellbeing of anybody within this community."

– Stephen Palmer, from the foreword

This book demonstrates the value of coaching psychology as applied in education settings. Using real-life case studies and vignettes, Mark Adams shows how coaching psychology can be used to enhance the performance, development and wellbeing of teachers, leaders and teams in schools. Outlining creative applications of coaching psychology in educational settings, this book will appeal to coaches working in education, educational psychologists, school leaders, and other professionals in support roles in education settings.

20% Discount Available - enter the code FLR40 at checkout*

Hb: 978-1-138-77601-2 | £76.00
Pb: 978-1-138-77648-7 | £21.59

**Offer cannot be used in conjunction with any other offer or discount and only applies to print books purchased directly via our website.*

For more details, or to request a copy for review, please contact: Natalie Turner, Marketing Assistant, Natalie.Turner@tandf.co.uk

Order your books today...

IF YOU ARE IN THE UK/REST OF WORLD:

Telephone: +44 (0) 1235 400524
Fax: +44 (0) 1235 400525
E-mail: tandf@bookpoint.co.uk
Online: www.routledge.com

Postage:

5% of total order (£1 min charge, £10 max charge)
Next day delivery +£6.50*

**We only guarantee next day delivery for orders received before noon.*

IF YOU ARE IN THE US/CANADA/LATIN AMERICA:

Telephone: Toll Free 1-800-634-7064
(M-F: 8am-5:30pm)
E-mail: orders@taylorandfrancis.com
Online: www.routledge.com

Sales Tax/GST:

Residents of AZ, CA, CO, CT, FL, GA, KY, MA, MD, NJ, NY, PA, TN, TX and VA please add local sales tax.

Canadian residents please add 5% GST.

Postage:

US: Ground: \$5.99 1st book; \$1.99 for each additional book
2-Day: \$9.99 1st book; \$1.99 for each additional book
Next Day: \$29.99 1st book; \$1.99 for each additional book
Canada: Ground: \$7.99 1st book; \$1.99 for each additional book
Expedited: \$15.99 1st book; \$1.99 for each additional book
Latin America: Airmail: \$44.00 1st book; \$7.00 for each additional book
Surface: \$17.00 1st book; \$2.99 for each additional book

Prices and publication dates are correct at time of going to press, but may be subject to change without notice.

Library Recommendation

Ensure that your library has access to all the latest publications.

Visit www.routledge.com/info/librarian.asp today and complete our online Library Recommendation Form.

Complimentary Exam Copy Request

To order a complimentary exam copy, please visit: www.routledge.com/info/compcopy

Our publishing program continues to expand so please visit our website to stay up-to-date

www.routledge.com

 **Routledge**
Taylor & Francis Group

Routledge... think about it
www.routledge.com

eBooks from Taylor & Francis

Helping you to choose the right eBooks for your Library

We have over 50,000 eBooks in the Humanities, Social Sciences, Behavioural Sciences, Built Environment and Law, from leading imprints, including Routledge, Focal Press and Psychology Press.

Choose from a range of subject packages or create your own!

Key Features:

- ▶ Save searches and search criteria
- ▶ Create a shortlist of favourite titles
- ▶ Easily export citation info

For more information, pricing enquiries or to order a free trial, please contact your local sales team:
www.tandfebooks.com/page/sales

www.tandfebooks.com

ORDER YOUR
FREE
INSTITUTIONAL
TRIAL TODAY



Routledge Revivals Discover Past Brilliance...

www.routledge.com/books/series/Routledge_Revivals

Routledge Paperbacks Direct

Responding to the changing needs of academics and students, we have now made a selection of our hardback publishing available in paperback format. Available directly from Routledge only and priced for individual purchase, titles are added to the selection on a regular basis.

Visit www.routledgepaperbacksdirect.com for a full list of available titles.

Recommend key titles to your librarian today!

Ensure that your library has access to all the latest publications.

Visit www.routledge.com/info/librarian.asp today and complete our online Library Recommendation Form.