



**Adams Psychology Services**

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**EVALUATION SUMMARY**

**Setting:** Anonymous Educational Psychology Service  
**Theme:** Coaching Day 2 (Motivational Interviewing & Non-Judgemental Obs)  
**No. of participants:** 7  
**Evaluations returned:** 7 (100%)

**1. How helpful did you find the days?**

	1. Very helpful	2	3	4. Not helpful
Number	7			
%	100%			

**2. Please list the things you found most helpful**

- Seeing the live demo & the video. Discussing the approaches with the team and how we might use them in practice.
- Clear info provided. Knowledgeable trainer. Provision of resources. Space for reflection.
- Insight into the subtleties of language and its potential for change.
- All!
- Demonstrations, role modelling, time to discuss scenarios, hand out to take away so I can remember what to do.
- All – modelling, practising and discussion. Prompt sheets.
- Detail of the processes. Resource pack very helpful to refer back to in future. Time to reflect with colleagues and to think about next steps.

**3. Please state one practical change you will incorporate into your practice after attending this session.**

- I will try to use MI with some of the older students I see – perhaps attendance or behaviour related.
- Having MI/coaching in my toolkit to use as a next step with a child/parent/teacher to bring about change.
- Listen to what I say (metacognition) and, later, to reflect on its utility/adequacy/effectiveness.
- Be future-focused – visualizations.
- OARS.
- Noticing and building on strengths to address discrepancies.
- Really like the ‘evoking change talk’ section – great resources.

**4. Please indicate if there is anything else you would have found useful in the session?**

- Another video of a coaching session.
- Nothing – it met our needs very well and was very motivating.
- No, can't think of anything.
- More time in another day with you or to have you coach me.

**5. Any other comments?**

- Very inspiring, thank-you.
- Thank-you, and keep in touch!
- Brilliant two days – learnt so much – thank-you ever so much!
- Thanks – it's been really helpful.
- Good pace, excellent input and questioning from you to help us reflect, good balance between listening, doing, reading, reflecting. Thanks – let's keep in touch!